

## Cold weather, hot products

The goods to keep you going this winter  
By Brad Culp

This month, we've got a selection of top training and nutrition goodies to keep you motivated and feeling strong through the off-season.

### Jaggad Axis Top and Long Multi Pant \$80/\$90

This set was made for those days when you really can't decide how warm you need to dress. It's not quite thick enough for single-digit temperatures, but you won't need to worry about overheating when the mercury is between 30-50 degrees. Both the top and bottom can be used for bike and run training. [jaggad.com](http://jaggad.com)



### EB Performance PB and Whey Protein Bites \$60 (45 pieces)

Hand-held recovery. Throw a few of these in your jersey pocket to keep you full during the long haul or to recover afterward. Each bite packs 10 grams of protein and five grams of healthy fats (thanks to the all-natural peanut butter). If you like peanut butter, you'll love the taste. [ebperformance.com](http://ebperformance.com)

### Drymax Cold Weather Running Socks \$8

These might be the most high-tech socks we've every put on our feet.

The guys at Drymax are obsessed with keeping your feet dry and comfortable. Their new sock is made with two separate layers: One pulls moisture from the skin and the other keeps moisture from coming in. The result is toasty and dry feet, no matter how many inches of snow you're running through.

[drymaxsports.com](http://drymaxsports.com)

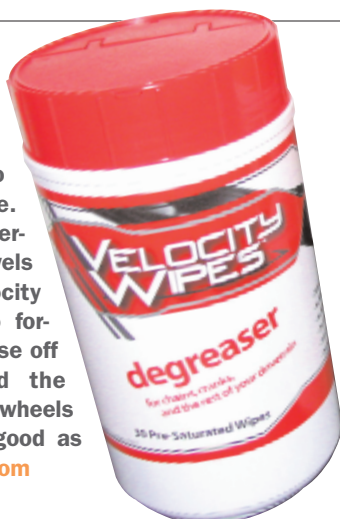


### Bonk Breaker Energy Bar \$22 (12 bars)

Better tasting you're your grandma's cookies and a whole lot better for you. Each bar (available in PB & Chocolate Chip or PB & J) packs 35 grams of quality carbs and enough protein and healthy fats to keep you feeling full. [bonkbreaker.com](http://bonkbreaker.com)

### Velocity Wipes \$20

Now is the time to overhaul your ride. This winter, stop covering all your bath towels in bike grease. Velocity Wipes come in two formulas. One rips grease off your drivetrain and the other makes your wheels and frame look as good as new. [velocitywipes.com](http://velocitywipes.com)



### Gaiam Power Breathe Ironman Plus \$90

One laboratory study showed that using the Power Breathe for just five minutes a day helped cyclists drop three minutes in a 40km time trial. Now you can get faster while you watch American Idol. [powerbreathe.com](http://powerbreathe.com)



Images courtesy the manufacturers